IN THE CLAIMS

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

Claims 1-25 (Canceled)

- 26. (Currently Amended) An activity monitor comprising:
- a measurement unit including a plurality of motion sensors configured to produce sensor signals indicative of motion of the plurality of motion sensors; and
- a processor configured to receive the sensor signals from the measurement unit, and to process the sensor signals as vector components of a vector to produce a magnitude of the vector using a lookup table of stored magnitudes and associated vector components, wherein magnitudes corresponding to said vector components are stored in the lookup table.

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- 27. (Previously Presented) The activity monitor of claim 26, wherein the motion sensors are accelerometers.
- 28. (Previously Presented) The activity monitor of claim 26, wherein the motion sensors are arranged to be mutually orthogonal.
- 29.(Previously Presented) The activity monitor of claim 26, wherein the processor is further configured to calculate the magnitude of the vector according to the following expression:

$$|a| = \sqrt{(a_x^2 + a_y^2 + a_z^2)}$$
,

where |a| is the magnitude of the vector, a_x , a_y and a_z are the vector components included in the sensor signals.

- 30.(Previously Presented) The activity monitor of claim 26, wherein the processor is further configured to calculate a direction of the vector.
 - 31.(Currently Amended) A method of monitoring activity

comprising the acts of:

producing sensor signals indicative of motion of a plurality of motion sensors; and

processing the sensor signals as vector components of a vector to produce a magnitude of the vector using a lookup table of stored magnitudes and associated vector components, wherein magnitudes corresponding to said vector components are stored in the lookup table.

- 32.(Previously Presented) The method of claim 31, wherein the motion sensors are accelerometers.
- 33.(Previously Presented) The method of claim 31, further comprising the act of arranging the motion sensors to be mutually orthogonal.
- 34. (Previously Presented) The method of claim 31, wherein the processing act further includes the act of calculating the magnitude of the vector according to the following expression:

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$$|a| = \sqrt{(a_x^2 + a_y^2 + a_z^2)}$$
,

where |a| is the magnitude of the vector, a_x , a_y and a_z are the vector components included in the sensor signals.

35.(Previously Presented) The method of claim 31, further comprising the act of calculating a direction of the vector.